

ShockWaves Swim Team Parent/Team Member Code of Conduct

Please review the following.

Swimmer(s) will be at practice and ready to swim on time.

Swim staff will be notified prior to event if swimmer(s) cannot participate in practice/meet at scheduled times.

When participating at swim meets, parents will be at swim meets with swimmer(s) and be available to volunteer at the meets.

At practices and swim meet warm-ups, swimmers will use a 3-point entry (feet first) to enter the water unless otherwise instructed.

Parents and swimmers will not participate in any activity/behavior detrimental to themselves or the swim team.

Parents/swimmer(s) will inform the coach of any disability or ailment that may affect them or the safety of other team members.

Parents/swimmer(s) will not engage in any unsportsmanlike conduct.

Parents will be a positive role model for their child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for coaches, officials, team members, team parents and other teams at every practice and event.

Parents will teach their swimmer(s) to play by the rules and resolve conflicts in a positive manner. Parents will teach their swimmer(s) that doing one's best is more important than winning so that their swimmer(s) will never feel defeated by the outcome of an event or performance.

Parents/swimmers will praise their swimmer(s) and other swimmers for competing fairly and trying hard and will never ridicule or yell at their swimmer(s) or others for making a mistake or losing an event.

Parents will emphasize skill development and practices and how they benefit their swimmer(s).

Swimmer(s) will show respect and courtesy to all coaches, officials, other swimmers and parents.

This document must be read and agreed to by *both* parents and swimmers. Please review with your swimmers before checking off the appropriate area on the ShockWaves registration form.